



For Immediate Release

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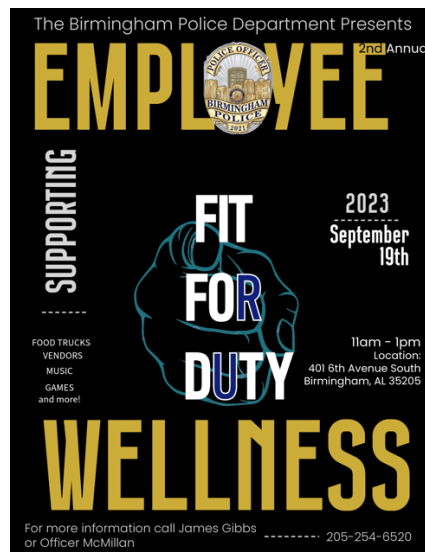
**Friday, September 15, 2023
10:10 a.m., CDT**

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The Birmingham Police Department Hosts Annual Wellness Fair

On Tuesday, September 19th, 2023, The Birmingham Police Department will host our annual employee wellness fair. Come out and join us at the Birmingham Police Academy (401 6th Ave South, Birmingham, AL 35205) from 11:00 a.m. – 1:00 p.m., to learn more about how to shape a better you! We will have vendors in attendance, such as Lawson State Culinary Arts School, conducting a cooking demo on healthy food options. Our vendors will focus on healthier options like Magic City Bowl, Not Ya Average Leaf, Grandma's Lemonade, and many others that will explain more about various resources on how to obtain better mental, physical, and financial health. Come out and join us for this free event that is open to the public to attend!



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